



Payment Terms: To guarantee a booking full payment is required per private lesson booked. (Lesson prices on booking form)

Cheques to: **CYCLESAFE/DMLOMAS**, 26 Mill Rise, Robertsbridge, East Sussex, TN32 5EF

Bank transfer: **CYCLESAFE/DMLOMAS** Sort code **09-06-66** Acc **42572542**

Please put your child's name as the reference or your name if it's an adult booking.

Cancellation terms

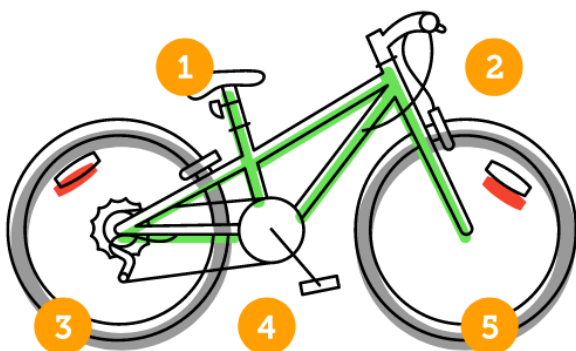
If **we** need to cancel the lesson due to illness or for any other reasonable reason, then the lesson will be postponed to a mutually suitable date or you will be offered a refund. Should **you** need to completely cancel up to 2 days (48 hours) before the lesson date, then we will refund your lesson payment less £10 admin fee. I regret that we do not offer refunds for cancellations within 48 hours notice but you can postpone the lesson for instance if you or your child falls ill.

Adverse Weather Conditions

If adverse weather conditions are likely to cause a safety or health risk then the lesson will be postponed to another suitable date and time. Weather conditions will be assessed approximately an hour before the start of the lesson.

Bike Fit and Safety Check

In the interest of safety it is essential that the rider's bike is in good running order and not too big or small to manage and control. Please check that the bike to be used for the lesson is checked thoroughly using the guidance below **or** by taking it to a reputable bike shop. **We regret that we will not be able to go ahead with the lesson if the bike is unsuitable or unsafe.**



1. Make sure your saddle, handlebars and wheels are fixed on tight
2. Ensure both your front and rear brakes work properly
3. Run through all of your gears
4. Clean and oil your chain regularly
5. Check your tyres are pumped up

Please also watch this M-Check video from our friends at Sustrans...

Click [here](#) for the M-check video

Learn to Ride lessons (beginners)

Pedals need to be removed from bikes for the first lesson. Initially we teach balance skills with lots of scooting activities and the pedals can get in the way. However they should be brought with you as they are put back on when we feel the rider is ready to move on to the next stage.

Click [here](#) for a youtube video on how to remove pedals

Helmets.

All riders taking cycling lessons with CycleSafe must wear a helmet which fits well. The helmet should fit squarely and snugly on the rider's head and not slip around when fastened.
